

Can Acupuncture Help me Optimize Reproductive Technologies such as IVF and Hormone Therapy?

Chinese Medicine has worked for millions of people for thousands of years, for a variety of conditions.

Eastern medicine sees the body as an entire system and disease or malfunction is a disturbance to that system. Health can often be restored by treating the entire system rather than focusing on one part of it. **Challenges with the reproductive system aren't viewed as the man or woman being infertile but as the individual being imbalanced.**

Fertility and Sterility, a journal published by the American Society for Reproductive Medicine as well as a study done by Cornell University (in addition to many others) have shown twice as many woman became pregnant after using acupuncture with IVF treatments. In addition, improved blood flow and increased endometrial thickness showed a positive effect on implantation.

I greatly respect Western science and the amazing ability to see inside the body, correct or repair the tiniest of tears and blockages, as well as all assisted reproductive technology (ART) that allows families with no ability to conceive to have children.

However, Eastern medicine gives us an additional perspective that may give hope to those searching for an alternative to medicine or even a support to Western-based reproductive technology (such as medications, IVF, or IUI's, etc).

Talk to an Acupuncturist today and find out if Acupuncture can help you move from infertility to motherhood... bringing your baby from heart to hand.

For more information, please contact Yost Family Chiropractic and Acupuncture Center. 515-278-YOST.