Using Health Insurance?

Follow the simple steps below before your first visit in our office. **It's as easy as 1, 2, 3!** Ask your insurance representative any additional questions you may have.

1. Call the Customer Service/Member # on your insurance card. Follow the automated steps to receive your member benefits.

2. What is Insurance Representatives name: _____
   a. Date: _____ Time: _____

3. My name is _____; I am calling to see what my chiropractic benefits are.

4. I will be seeing Dr. Heather Yost with Yost Family Chiropractic. **Is she in or out of network?**

5. **Is there a deductible?** {YES} {NO} *(circle one)*
   a. If YES, what is my deductible amount? _____
   b. How much has been applied to my deductible? _____

6. What are my chiropractic benefits?
   a. **Co-Insurance**: _____
   b. **Copay:** _____

7. Are there any **policy limitations** such as a dollar amount or number of office visits?
   _____
   a. If YES, has anything been already applied to these limitations? _____

8. What is my effective date? _____

9. Is authorization required for my plan? _____

10. Are my covered benefits based on medical necessity? {YES} {NO} *(circle one)*

11. Provide your insurance representative with the following codes. Find out if they have the same chiropractic benefit quoted above or if they have a separate benefit.
    a. **CPT Code 72010** (X-Ray): _____
    b. **CPT Code 99202** (Exam): _____
    c. **CPT Code 97014** (Muscle Stimulation Therapy,): _____
    d. **CPT Code 97112** (ART, Muscle Therapy): _____
    e. **CPT Code 29200** (Kinesotape Strapping): _____

Consultations are free of charge and all fees will be discussed before any services are rendered

PS – Have an HSA or FLEX account? Great news! Take advantage of reduced fees (sometimes even better than your insurance benefits!) by using these tax savings accounts!

Patient Print Name: _____ Patient Sign: _____ Date: _____