

“I Just Don’t Believe in That....”

Dear friend,

When I meet people in Urbandale, they usually say, “Oh, yeah, I know you, you’re Dr. Heather. I’ve seen that picture of you and your two cute girls.” Well, perhaps I should tell you a little more about that photo, and why these kids mean the world to me.

Let’s start with me. 10 years ago, a bike accident changed my life. I couldn’t walk without a limp, running (a passion of mine) was out of the question, and I was suffering from the aftereffects of a severe concussion. A friend of mine convinced me to give chiropractic a try, but **I just didn’t believe in it**. Out of determination (and desperation) to feel better, I went to see her. She listened to my concerns, did an exam, took some films, and then “adjusted” my spine. I got relief and, within a few months, I was able to run again. It worked so well that I went to chiropractic school. Have you heard the story of the “Starfish”? If you haven’t, ask me about it. I felt a drive to make a difference and save just one more. (ask me about the story)

Now for Ava and Gavyn, the two little girls in my life. They have been adjusted since birth and know when to ask me to adjust them. Neither one have ever had an ear infection or been on an antibiotic. That seems like a small thing, but it makes a huge difference to them.

Everyone knows that health care costs are going up. A large percentage of Americans no longer have health insurance and those that do have found that their benefits are reduced. That’s where my practice comes in. I have found a way so that more people are able to afford the care they need, people with or without health insurance. **A whole week of care in my office could cost what you’d pay for just one visit elsewhere.**

You Benefit from a Unique Offer... When you bring in this article, you will receive my new patient exam for \$45. That’s for the entire exam with x-rays (if needed). But, please call right away because this offer expires September 1st, 2009. By law, this offer excludes Medicare/Medicaid patients.

Thank you.

-Heather Yost, DC