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The Doctors at Yost Family Chiropractic Give Back! *Benefiting Locks of Love*

Yost Family Chiropractic, which opened over four years ago, has a team of two doctors who specialize in family wellness care, adjusting newborns, children, and adults.

"Our goals revolve around improving quality of life for those not only inside our clinic, but outside as well. Locks of Love is an organization that we feel strongly about supporting and have in the past as well." Says Dr. Heather Yost.

Because of this support, both doctors in the clinic decided to cut their hair last week. Sara Mulvaney of *Salon de Vallon* also chose to participate and agreed to cut and style Dr. Heather and Dr. Lindsey's hair as well as send the hair to Locks of Love.

"It's been a fun experience and such an easy way to make a difference in someone else's life," explained Dr. Lindsey Calvert.

In celebration of this donation, Yost Family Chiropractic is offering **complimentary consultations** to the community. "We're definitely seeing a trend in more families taking more control of their overall wellness," said Heather Yost, D.C. Anyone wishing to schedule a consultation with the doctors or to receive information about the wellness lifestyle, you can contact us at 515-278-YOST or visit us at www.YostFamilyChiropractic.com.



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